

# Roanoke Canal Half Marathon and 8k

Race Date

## Age Graded Results

**8K**

**Record Female: 24:05.0**

**Record Male: 21:12.0**

| <u>Place</u> | <u>Name</u>        | <u>City</u>    | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>Actual Time</u> | <u>Factor</u> | <u>Net Time</u> | <u>Percent</u> |
|--------------|--------------------|----------------|---------------|------------|-------------|--------------------|---------------|-----------------|----------------|
| 1            | HENRY FORRESTER    | ROCKY MOUNT    | 319           | 10         | M           | 37:56.8            | 0.8171        | 31:00.4         | .6837          |
| 2            | COLEMAN CHERRY     | BATTLEBORO NC  | 251           | 16         | M           | 33:02.4            | 0.9419        | 31:07.2         | .6812          |
| 3            | BOB GEIL           | DURHAM NC      | 255           | 37         | M           | 32:42.7            | 0.9662        | 31:36.3         | .6708          |
| 4            | DENNIS CROSSEN     | NASHVILLE NC   | 325           | 46         | M           | 35:41.6            | 0.9028        | 32:13.4         | .6579          |
| 5            | GRACE WALLENBORN   | JOHNS ISLAND   | 322           | 32         | F           | 37:50.5            | 0.9974        | 37:44.6         | .6381          |
| 6            | AARON MCCRAY       | DISPUTANTA VA  | 254           | 21         | M           | 35:17.9            | 0.9961        | 35:09.7         | .6029          |
| 7            | VIRGINIA SCANLON   | RALEIGH NC     | 264           | 30         | F           | 40:18.3            | 0.9997        | 40:17.6         | .5977          |
| 8            | ERNEST TURNER      | LITTLETON NC   | 252           | 40         | M           | 38:01.6            | 0.9451        | 35:56.3         | .5899          |
| 9            | BETH MUNSON        | LITTLETON NC   | 295           | 60         | F           | 54:42.0            | 0.7657        | 41:53.0         | .5750          |
| 10           | JOHN KENT          | NASHVILLE NC   | 276           | 52         | M           | 43:30.2            | 0.8606        | 37:26.3         | .5662          |
| 11           | TIMOTHY ZIMMERMAN  | MIDDLETOWN     | 269           | 42         | M           | 40:24.0            | 0.9310        | 37:36.7         | .5636          |
| 12           | ALLISON SMATHERS   | RALEIGH NC     | 262           | 27         | F           | 43:23.3            | 1.0000        | 43:23.3         | .5551          |
| 13           | JEREMY DRAPER      | CHARLOTTE NC   | 326           | 42         | M           | 41:31.1            | 0.9310        | 38:39.2         | .5484          |
| 14           | ROBERT BOONE       | ROANOKE        | 263           | 40         | M           | 41:03.9            | 0.9451        | 38:48.6         | .5462          |
| 15           | KYLENE CARR        | MURFREESBORO   | 321           | 34         | F           | 44:39.6            | 0.9928        | 44:20.3         | .5432          |
| 16           | KEN CRAFT          | NASHVILLE NC   | 274           | 62         | M           | 49:48.2            | 0.7902        | 39:21.3         | .5387          |
| 17           | RUSSELL MOORE      | LITTLETON NC   | 268           | 10         | M           | 48:37.5            | 0.8171        | 39:43.9         | .5336          |
| 18           | VERA TABAKOVA      | GREENVILLE NC  | 243           | 45         | F           | 48:48.5            | 0.9266        | 45:13.5         | .5325          |
| 19           | NANCY WORSINGER    | ROCKY MOUNT    | 302           | 58         | F           | 58:04.7            | 0.7875        | 45:44.2         | .5266          |
| 20           | DANIELLE ADAMS     | LEESBURG VA    | 275           | 29         | F           | 47:17.8            | 1.0000        | 47:17.8         | .5092          |
| 21           | TAMMY WATERS       | WASHINGTON     | 285           | 49         | F           | 53:35.2            | 0.8856        | 47:27.4         | .5075          |
| 22           | JENNIFER           | WASHINGTON     | 306           | 55         | F           | 57:57.4            | 0.8202        | 47:32.1         | .5066          |
| 23           | BEN BRIGHTMAN      | BATTLEBORO NC  | 271           | 35         | M           | 43:02.2            | 0.9788        | 42:07.4         | .5033          |
| 24           | PENNY NEVILLE      | ROCKY MOUNT    | 294           | 46         | F           | 52:52.9            | 0.9171        | 48:29.9         | .4966          |
| 25           | BETTY EDWARDS      | RALEIGH NC     | 246           | 22         | F           | 48:32.4            | 1.0000        | 48:32.4         | .4961          |
| 26           | JUSTIN ODELL       | GOLDSBORO NC   | 260           | 31         | M           | 42:59.0            | 0.9952        | 42:46.6         | .4956          |
| 27           | BECKY BRIGHTMAN    | BATTLEBORO NC  | 279           | 34         | F           | 49:05.3            | 0.9928        | 48:44.1         | .4942          |
| 28           | CRYSTAL TEMPLE     | RICH SQUARE    | 283           | 32         | F           | 48:57.3            | 0.9974        | 48:49.7         | .4932          |
| 29           | BRENDA ANDERSON    | ROCKY MOUNT    | 291           | 46         | F           | 53:32.9            | 0.9171        | 49:06.6         | .4904          |
| 30           | BRIAN SAIN         | RALEIGH NC     | 261           | 25         | M           | 43:20.2            | 1.0000        | 43:20.2         | .4892          |
| 31           | DARREN HARRIS      | ROCKY MOUNT    | 231           | 37         | M           | 45:18.5            | 0.9662        | 43:46.6         | .4843          |
| 32           | LAURA HAWKINS-ARN  | SIMPSONVILLE   | 259           | 35         | F           | 50:19.3            | 0.9897        | 49:48.2         | .4836          |
| 33           | TAMERA DENGLER     | ROCKY MOUNT    | 297           | 51         | F           | 57:46.0            | 0.8638        | 49:53.9         | .4826          |
| 34           | THOMAS BARRETT     | RALEIGH NC     | 250           | 42         | M           | 47:31.7            | 0.9310        | 44:15.0         | .4791          |
| 35           | RANDY NEVILLE      | ROCKY MOUNT    | 293           | 55         | M           | 52:53.1            | 0.8395        | 44:23.8         | .4775          |
| 36           | BARRY MUNSON       | LITTLETON NC   | 296           | 64         | M           | 57:21.0            | 0.7761        | 44:30.6         | .4763          |
| 37           | JOSHUA PEEDE       | ROCKY MOUNT    | 266           | 23         | M           | 44:34.7            | 1.0000        | 44:34.7         | .4756          |
| 38           | AMBER SHINGLETON   | ELM CITY NC    | 289           | 37         | F           | 52:01.4            | 0.9816        | 51:04.0         | .4716          |
| 39           | DAVID BRASWELL     | ROCKY MOUNT    | 290           | 55         | M           | 53:32.5            | 0.8395        | 44:56.9         | .4716          |
| 40           | AARON HAND         | ROANOKE        | 267           | 31         | M           | 45:34.8            | 0.9952        | 45:21.7         | .4674          |
| 41           | ALLY MOORE         | LITTLETON NC   | 288           | 14         | F           | 54:50.3            | 0.9419        | 51:39.1         | .4663          |
| 42           | DAN MOORE          | LITTLETON NC   | 277           | 42         | M           | 48:59.9            | 0.9310        | 45:37.0         | .4647          |
| 43           | CHRIS "SWEETS"     | ROANOKE        | 232           | 46         | M           | 50:35.9            | 0.9028        | 45:40.8         | .4641          |
| 44           | THOAI NGUYEN       | RALEIGH NC     | 247           | 43         | F           | 55:32.0            | 0.9438        | 52:24.7         | .4595          |
| 45           | ARTHUR BENNETT     | ROCKY MOUNT    | 324           | 47         | M           | 52:01.3            | 0.8958        | 46:36.1         | .4549          |
| 46           | BARBARA WINSLOW    | SCOTLAND NECK  | 307           | 33         | F           | 54:43.4            | 0.9954        | 54:28.3         | .4421          |
| 47           | MICHELLE ODGERS    | RALEIGH NC     | 281           | 36         | F           | 55:33.2            | 0.9859        | 54:46.2         | .4397          |
| 48           | TAMMIE REAMS       | NASHVILLE NC   | 273           | 32         | F           | 55:02.5            | 0.9974        | 54:53.9         | .4387          |
| 49           | JOSHUA JENKINS     | WOODLAND NC    | 245           | 24         | M           | 48:32.6            | 1.0000        | 48:32.6         | .4367          |
| 50           | BESSIE SNAPE       | AHOSKIE NC     | 258           | 27         | F           | 55:44.2            | 1.0000        | 55:44.2         | .4321          |
| 51           | STEPHANIE WILLIAMS | LOUISBURG NC   | 299           | 36         | F           | 57:12.7            | 0.9859        | 56:24.3         | .4270          |
| 52           | LESLIE PEEDIN      | WINSTON SALEM  | 278           | 32         | F           | 56:39.4            | 0.9974        | 56:30.6         | .4262          |
| 53           | KIM DECKER         | SILVER SPRING  | 257           | 31         | F           | 56:39.3            | 0.9989        | 56:35.6         | .4255          |
| 54           | CRISIANEE BERRY    | WINTERVILLE NC | 311           | 43         | F           | 1:00:01.9          | 0.9438        | 56:39.5         | .4251          |
| 55           | AMY USHER          | CARY NC        | 132           | 28         | F           | 56:53.6            | 1.0000        | 56:53.6         | .4233          |
| 56           | EMILY BEASLEY      | PENDLETON NC   | 300           | 29         | F           | 57:45.7            | 1.0000        | 57:45.7         | .4169          |

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**Record Female: 24:05.0**

**Record Male: 21:12.0**

| <u>Place</u> | <u>Name</u>      | <u>City</u>    | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>Actual Time</u> | <u>Factor</u> | <u>Net Time</u> | <u>Percent</u> |
|--------------|------------------|----------------|---------------|------------|-------------|--------------------|---------------|-----------------|----------------|
| 57           | AARON SHAW       | ROANOKE        | 323           | 29         | M           | 50:53.5            | 0.9991        | 50:50.8         | .4169          |
| 58           | GREGORY HIGGS    | PLEASANT HILL  | 298           | 52         | M           | 59:06.8            | 0.8606        | 50:52.3         | .4167          |
| 59           | MARA CAVALLARO   | OVERLAND PARK  | 233           | 26         | F           | 57:51.3            | 1.0000        | 57:51.3         | .4163          |
| 60           | SUSAN MAY        | WASHINGTON     | 305           | 41         | F           | 1:00:28.7          | 0.9587        | 57:58.8         | .4154          |
| 61           | BRAD RODGERS     | GREENVILLE NC  | 249           | 59         | M           | 1:02:58.7          | 0.8113        | 51:05.7         | .4149          |
| 62           | MELISSA ALLEN    | EWING NJ       | 304           | 31         | F           | 59:04.7            | 0.9989        | 59:00.8         | .4081          |
| 63           | KATHLEEN BARNES  | ROANOKE        | 256           | 50         | F           | 1:08:44.1          | 0.8747        | 1:00:07.3       | .4006          |
| 64           | BRIDGET          | YOUNGSVILLE    | 287           | 33         | F           | 1:00:41.5          | 0.9954        | 1:00:24.8       | .3986          |
| 65           | DIANE NICKELL    | GOLDSBORO NC   | 313           | 51         | F           | 1:10:20.7          | 0.8638        | 1:00:45.8       | .3963          |
| 66           | SARAH BOONE      | ROANOKE        | 282           | 33         | F           | 1:01:13.9          | 0.9954        | 1:00:57.0       | .3951          |
| 67           | ERIK DEVRIES     | YOUNGSVILLE    | 286           | 37         | M           | 56:37.9            | 0.9662        | 54:43.1         | .3874          |
| 68           | MATTHEW REAMS    | NASHVILLE NC   | 272           | 33         | M           | 56:38.1            | 0.9885        | 55:59.0         | .3787          |
| 69           | JENNIFER LAVRACK | RALEIGH NC     | 161           | 32         | F           | 1:04:10.5          | 0.9974        | 1:04:00.5       | .3763          |
| 70           | MICHELLE HARRELL | AHOSKIE NC     | 320           | 45         | F           | 1:10:44.6          | 0.9266        | 1:05:33.0       | .3674          |
| 71           | KIMBERLY BRIGHT  | CLARKSVILLE VA | 309           | 36         | F           | 1:08:15.6          | 0.9859        | 1:07:17.8       | .3579          |
| 72           | SIBYL THORNELL   | ROANOKE        | 315           | 52         | F           | 1:23:36.8          | 0.8529        | 1:11:18.8       | .3377          |
| 73           | FAITH NEWSOME    | CARY NC        | 244           | 30         | F           | 1:12:11.9          | 0.9997        | 1:12:10.6       | .3337          |
| 74           | DONALD BRIGHT    | CLARKSVILLE VA | 310           | 38         | M           | 1:08:15.5          | 0.9592        | 1:05:28.4       | .3238          |
| 75           | LEESA STEWART    | ROANOKE        | 158           | 46         | F           | 1:22:50.2          | 0.9171        | 1:15:58.2       | .3170          |
| 76           | ERIC NIELSEN     | VALENTINES VA  | 292           | 45         | F           | 1:24:50.1          | 0.9266        | 1:18:36.5       | .3064          |
| 77           | EDDIE THORNELL   | ROANOKE        | 316           | 56         | M           | 1:23:36.3          | 0.8324        | 1:09:35.6       | .3046          |
| 78           | CHERIE NIELSEN   | VALENTINES VA  | 312           | 43         | F           | 1:24:48.7          | 0.9438        | 1:20:02.7       | .3009          |
| 79           | LILLIAN WILLTER  | GREENVILLE NC  | 327           | 45         | F           | 1:30:29.0          | 0.9266        | 1:23:50.5       | .2872          |
| 80           | LORI HOWARD      | ROANOKE        | 242           | 44         | F           | 1:44:45.0          | 0.9355        | 1:37:59.6       | .2458          |
| 81           | ELIZABETH        | VIRGINIA BEACH | 125           | 32         | F           | 1:44:48.2          | 0.9974        | 1:44:31.9       | .2304          |